



Gilbert Psychological Services
presents our

NEW MOMS SUPPORT GROUP

**A six-week, confidential group, hosted by a marriage & family therapist.
Planned, weekly discussion topics on all things postpartum and parenting.
Ideal for moms in their first year of parenthood. Infants are welcome.**



1760 E. Pecos Rd. Ste 310, Gilbert, AZ
9:30AM-11:00AM | Tuesdays 2/8 - 3/15

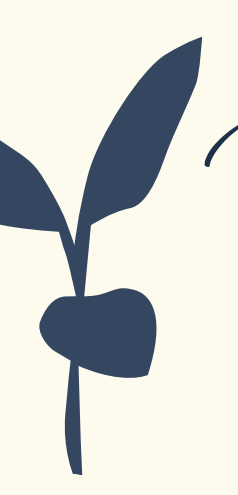
Potential topics:

navigating new marital & family dynamics,
parenting successes & struggles, postpartum
emotions, self-care & coping, child development

Fees:

\$300 (includes six 90min sessions at \$50/session)

Registration & Inquiries::



contact Natalie Bjornstad, LAMFT
480-530-0840 | natalie@gilbertpsych.com
www.GilbertPsych.com